



**FISHERMAN'S
MARK** SOCIAL
SERVICES

HELP WHEN HELP IS NEEDED

ON YOUR MARK

A QUARTERLY NEWSLETTER OF FISHERMAN'S MARK

WINTER 2018, VOLUME 7, ISSUE 1

WHAT'S HAPPENING AT THE MARK – COLLABORATIVES ARE KEY

Collaborative relationships between like-minded organizations are key to maximizing services while minimizing budget impact. Fisherman's Mark has a commitment to successful collaborations that enrich our offerings to clients.



Many of these collaboratives, such as those with Shoprite of Flemington, Rolling Harvest and Lambertville Animal Welfare keep our Food Pantry stocked. Some collaboratives bring educational programming directly to our clients, such as RWJ/ Rutgers Medical School, NJ Cancer Education & Early Detection, NJ SNAP Education and the YMCA Faithfully Fit Program. And still others make up the safety net of services we partner with to address the complicated issues that come to our door. These include Hunterdon Helpline, SAFE in Hunterdon, Family Promise, NORWESCAP, United Way of Hunterdon and many, many more.

It's how we fill the gaps, to get much needed services to our clients in a way that builds on the strengths of each organization, without spreading ourselves too thinly. These efficiencies are what make Fisherman's Mark work.



COMMUNITY PARTNERS

There is a type of giving in our community that is multi-faceted; involving both the individuals that live here and the businesses that operate here. It is a powerful alliance that generates valuable funding to support Fisherman's Mark. These donations help us support the community and offer services year-round; in our Food Pantry, in Social Services, at Lambertville Academy.

Giant/Martin Foods of New Hope is a great example of this: its "Help Bag Hunger" campaign supports the Food Pantry, supplying gift cards that help us fill the gaps, buy perishable foods when needed, and keep our pantry shelves well stocked year-round. And it is a team: Giant/Martins Corporate Community Relations, Giant New Hope Manager, Jeff Carney, and each and every contributing Giant customer that come together make it possible. We are very lucky. And for that we are VERY thankful.



SPOTLIGHT ON SUPPORTERS:

There is so much support from the community for Fisherman's Mark. Below is just a sampling of the recent support that keeps us going:

- DELAWARE RIVER TOWNS CHAMBER
- FLEMINGTON ROTARY CLUB
- FOX & ROACH CHARITIES
- GIANT/MARTINS-NEW HOPE – HELP BAG HUNGER
- J & J SOMERSET COMMUNITY FOUNDATION OF NEW JERSEY
- LAURENTI FAMILY TRUST
- MERCK PARTNERSHIP FOR GIVING
- SHOPRITE PARTNERS IN CARING – FLEMINGTON
- THE LARGE FOUNDATION
- THE ROSEMONT FOUNDATION
- THOMPSON MEMORIAL PRESBYTERIAN CHURCH
- UNITED WAY OF HUNTERDON

and the many individuals and families who celebrate benchmark birthday's, weddings, anniversaries, etc. by donating to Fisherman's Mark.

YOUR SUPPORT IS WHAT MAKES THIS ALL WORK! **THANK YOU!!**



MAKING YOUR MARK: YOUTH INTERNSHIPS

When teens engage in a meaningful experience, such as volunteering, they have the chance to focus outside themselves and gain a broader perspective of the world. We enjoy nothing more than watching teens become inspired to make a difference.

Ella Titus is one of the amazing youth who has shared her energy and enthusiasm with Fisherman's Mark. Last year, as a graduating senior of Solebury School, Ella decided to roll up her sleeves with an internship at Fisherman's Mark. She chose The Mark rather than a corporation because of her belief that "success is not measured by the monetary reward but by the positive effect that your efforts have on others".

After the experience, Ella reflected on the deeper understanding she gained that real struggles like hunger, homelessness, domestic violence, and poverty are not just problems the exist somewhere else. They are right here in her community. She recounted that she was most struck by the love, compassion, patience, care, understanding and help. "Fisherman's Mark is its own community where everyone helps each other – teaches each other - clients, volunteers, staff - everyone".

Visit the Fisherman's Mark Facebook page to see the wonderful video created by Ella to show just how far a cash donation can go at The Mark.



FOOD FOR THOUGHT

Laughing, learning and STRETCHING! That's just some of the fun to be had at Food for Thought. Every month, we take our mission on the road, bringing groceries to local senior apartments coupled with health and wellness discussions. Topics are broad and the discussions lively as we cover areas relevant to our senior populations such as Cardiac Health, Sleep Hygiene, Mindfulness and Sexual Health in the Elderly.

In February, Jennifer Artur and Kendra Thatcher of BodyFlow Movement Studio lead an invigorating program teaching simple Pilates exercises and heart healthy nutrition for Valentine's Day.





CASE MANAGEMENT

An issue-resolution program teaching clients to identify and define issues, set self-defined goals, and develop skills to achieve those goals.



COMMUNITY OUTREACH

A community-building program offering the Fisherman's Mark resources and programs to all members of the community, as well as reaching out to increase awareness of our services, broadening the scope and effectiveness of our programs.



FISHERMAN'S MARK FOOD PANTRY

Program addressing the issues of food insecurity by offering nutritious food and other necessities free of charge, along with educational programs to promote healthy eating habits.



INFORMATION, RESOURCE & REFERRAL

A gateway of resources to assist community members in becoming self-sufficient, providing tools to help them along the way.



LAMBERTVILLE ACADEMY

NAEYC accredited, offering Preschool, School-Age and Summer Camp Programs. Open 7am-7pm, Monday-Friday.



LOS PUENTES

A Latino advocacy program that recognizes the unique needs of Spanish-speaking communities and bridges them to Fisherman's Mark resources as well as the community-at-large.



VOLUNTEER PROGRAM

Provides an opportunity for everyone to become involved in their community by contributing their time and talents to many of the Fisherman's Mark programs.



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The MISSION of FISHERMAN'S MARK is to strengthen our community through the facilitation of innovative, responsive programs and services that promote stability, health and wellness. With a commitment to excellence in social services and education, and as an advocate for positive change, we build upon the strengths of this community and celebrate our common unity.

This newsletter brought to you through the generosity of an anonymous donor. THANK YOU!

DONATION FORM

Name: _____

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(for credit cards, billing address please)

E-mail: _____ Donation Amount: _____

Credit Card #: _____ Exp. Date/CSV (back): _____